

VOICE FOR HEALTH



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RAISING OSTEOPOROSIS-RELATED FRACTURE AWARENESS

A recent worldwide survey reveals that more than half of the women who suffer from osteoporosis do not perceive themselves as being at increased risk for experiencing a fracture. This posture of denial assumed by the majority of women with the bone-thinning disease is contrary to estimates that suggest that one in two women over age fifty will ultimately experience an osteoporosis-related bone fracture in their lifetime. Curiously, while awareness of osteoporosis has increased in recent years, most women with the disease are slow to recognize that they might be in danger of fracturing a hip or vertebra, which is a serious matter. An assessment by the chiropractor can help patients evaluate their own bone health and fracture risk.

Talk to your doctor of chiropractic about ways to improve the health of your bones. Doctors of chiropractic are licensed and trained to treat patients of all ages and can help people suffering from osteoporosis lead healthier lives. Chiropractic is a safe, conservative method of health care that gets results. We're located at 23659 Columbus Rd., Suite 2A, Columbus, where you will be fully educated as to what is happening to you and how we can help. At IKEDA FAMILY CHIROPRACTIC CENTER, we will help determine if your health problems can be helped through gentle chiropractic care — without drugs or surgery. Call us at 609-298-7700 to schedule an appointment. We have the services you require. We accept most insurances including Aetna, Amerihealth and Blue Cross Blue Shield, PPO.

*Please send any messages or comments
to my office or e-mail me at:*
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P.S. Once a person suffers an osteoporosis-related fracture, he or she is at increased risk for additional fractures.